

2009 Global Healing Theme: A Time of Transition

“There is no power greater than a community discovering what it cares about”

April-May-June

Focus: Courage



Quote:

“It takes a lot of courage to release the familiar and seemingly secure, to embrace the new. But there is no real security in what is no longer meaningful. There is more security in the adventurous and exciting, for in movement there is life, and in change there is power.”

—Alan Cohen

Picture/symbol:

Cardinal: The Cardinal reminds us that regardless of the situation, we have the opportunity to renew our own vitality.
Photo by Warren Lynn

Color: *Red*

Prayer

Holy ones of all ages and every wisdom path,
Bless us as we ask for courage while walking ways that seem to change beneath our feet.
Empower us to remember that courage is not only bravery; courage can be
Just keeping on when we feel fear, uncertainty, or just that we can't handle what we're faced with.
Help us to know that courage comes from the heart; it comes with age, wisdom,
Knowing that if we've faced hard times before we can again, and prevail.
Through you, Holy ones, courage finds strength within and sends it out to our planet, to all humankind:
That every being can face adversity with grace, dignity, integrity.
Holy ones of all ages and every wisdom path,
Empower us to think without fear, and do what is necessary for the wellbeing of all the earth.
—Bonnie Odiorne

Flyer

<https://cid-30042b3cb13201da.skydrive.live.com/self.aspx/Documents/Global%20Healing/2009Flyer2ndQuarter.doc>

Ideas for benefiting organization

Perhaps a local food pantry could benefit from cash donations or nonperishable food and paper goods..

Ideas for ambiance

Flowers!

Music

“Feather on the Breath of God” http://www.amazon.com/Feather-Breath-God-Hildegard-Bingen/dp/B000002ZGD/ref=pd_bbs_sr_1?ie=UTF8&s=music&qid=1238162122&sr=8-1