

# 2010 Global Healing

## Theme: A Call for Courage

*Courage is a kind of salvation. ~Plato*

**October-November-December**

### Focus: Heart

**Quote:**

Sometimes the biggest act of courage is a small one. —Lauren Raffo



**Picture/symbol:** *Red Rose*

**Color:** Red

**Prayer**

*Blessed are You, Oh Harvest of my Heart, never let me lose sight of the importance of a beautiful sunrise; or watching my children or grandchildren sleep or smell the rain. It is often the little things that really matter in life.*

*Open my heart and mind to the small steps and little victories along my path for these have the greater meaning in life.*

*I give thanks to you, Divine One who are so Light-Hearted, make my heart like yours. May I be a light this day for those who are in darkness and give warmth and light to all.*

*Amen*

*—Jo Ann Mast*

**Flyer**

**Ideas for benefiting organization:**

UNICEF

**Ideas for ambiance:**

Enhance your labyrinth with small rocks, glass stones or beads and tea lights (candles or battery operated)

**Music:**

CD “Beauty All Around: All is Forgiven” by Ashana; (Songs for voice and crystal singing bowls; CD “Portal” by Christine Tulis (award winning harpist & composer)