

Global Healing Response Quarterly

2014 Theme: Unity

*So powerful is the light of unity that
it can illuminate the whole earth. —Baha'u'llah*

October-November-December

Focus: Inclusion



Quote: "Peace requires everyone to be in the circle – wholeness, inclusion." -- Isabel Allende

Color: Red

Prayer/Meditation: St. Francis prayer seems to work perfectly this quarter...

Lord, make me an instrument of Your peace.
Where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.

O, Divine Master, grant that I may not so much seek to be consoled as to console;
to be understood as to understand;
to be loved as to love;
For it is in giving that we receive;
it is in pardoning that we are pardoned;
it is in dying that we are born again to eternal life. Amen

Ideas for benefiting organization:

The Southern Poverty Law Center works tirelessly and fearlessly to promote tolerance and provide teaching materials for tolerance: <http://www.splcenter.org/>

Ideas for ambiance: Musical instruments such as bells, drums, tambourines that can be played in unison or in collaboration with fellow walkers

Music: Any Chant album such as ChantIII: The Benedictin Monks of Santo Domingo de Silos