

Global Healing Resource Quarterly

2015 Theme: Restoration

“All the beauty that's been lost before wants to find us again” — U2

January-February-March

Focus: Reflection

Quote: I believe that our society is merely a reflection of what is going on inside each and every one of us.—Seal

Picture/symbol: Moon (Photo by The Rev. Warren Lynn)

Color: Purple

Prayer/Meditation:

CLEARING

Do not try to save
The whole world
Or do anything grandiose.
Instead, create
A clearing
In the dense forest
Of your life
And wait there patiently,
Until the song
That is your life
Falls into your own cupped hands
And you recognize and greet it.
Only then will you know
How to give yourself
To this world
So worthy of rescue. — Martha Postlethwaite

Quieting the mind is a universal need. It allows us to “tune in” to what is happening in the moment.

Ideas for benefiting organization: Family Shelters in your area

Ideas for ambiance around the labyrinth: Mirrors, water

Music: “Homage”, Judith Tripp

