

# Global Healing Response Quarterly

2018 Theme: **Light**

To love beauty is to see light. —Victor Hugo

**April-May-June**

**Focus: See the Light in Others**



## **Quote:**

See the light in others and treat them as if that's all you see. —Wayne Dyer

**Picture/Symbol:** The rising sun

## **Prayer/Meditation:**

If there is breath in a being, there is also a light.  
May we remember this and see it, even if  
Life has dwindled the other's light to a spark or  
Flamed it to a warm fire that shines bright.  
Either way, look for it in the other. Find it.  
We all need to hear, "I see your light."  
Breath these words on their eternal embers.  
For in those words are the witness of the  
Hope, Love, and Beauty of the connection of life.  
—Ellen Bintz Meuch

**Exercise:** "An Exercise in Seeking God's Light" by The Rev. Warren Lynn. (Click Here)

**Ideas for benefiting organization:** Chicago Lights Tutoring. <https://www.chicagolights.org/about-us/>. This organization is doing great work to tutor disadvantaged youth in Chicago. Our own Veriditas facilitator, Janice Lewis, is doing great work to introduce Peace practices via the labyrinth to the children.

**Ideas for ambiance:** Candles! Or, flashlights if you can dim the lights for your walk. Perhaps some kind of light for each person to carry with them as they walk the labyrinth.

**Music:** Here is some beautiful piano music by Soothing Relaxation:  
[https://www.youtube.com/watch?v=lCOF9LN\\_Zxs](https://www.youtube.com/watch?v=lCOF9LN_Zxs)