

Global Healing Resource Quarterly

2021 Theme: **Grace**

“Virtue and genuine graces in themselves speak what no words can ut
-William Shakespeare



January-February-March

Focus: **Forgiveness**

Quote: “We judge others by their actions and ourselves by our intentions. We need to offer grace to all, because we all need a little grace.” -Jayce O’Neal

Picture/symbol: The olive branch to offer to others, or yourself, with grace.

Prayer/Meditation:

To come home to yourself

May all that is unforgiven in you
Be released.

May your fears yield
Their deepest tranquilities.

May all that is un-lived in you
Blossom into a future
Graced with love.

-John O’Donohue, *To Bless the Space Between Us*

Ideas for benefiting organization: Offer support to the frontline workers of Covid 19 via the hospital or other medical facility near you.

Ideas for ambiance around the labyrinth: Create a big pot filled with sand. Put candles in the sand and allow each walker to light a candle as they offer grace in the form of forgiveness to themselves and others in their lives.

Music: Experience Grace Instrumental:

https://www.youtube.com/watch?v=YBAo1jykk6g&list=RDYBAo1jykk6g&start_radio=1&t=2255