

2012 Global Healing

Theme: Balance

“Balance is Beautiful.” Miyoko Ohno

October-November-December

Focus: Presence



Quote: *“And as we let our own light shine, we unconsciously give other people the permission to do the same. As we are liberated from our fear, our presence automatically liberates others.”*

—Marianne Williamson

Picture/symbol: Water

Color: Midnight blue, like the sixth Chakra

Prayer

As a light shining in the darkness, as a mindful presence in an unaware world, allow our selves to be present and aware to what needs illuminating. In a world cluttered with vocal distractions, let us listen for the deeper wisdom and steer away from the shallower shoals of foolishness. And, in our awareness and clarity, let us also offer a light to guide others; an illumination of compassion, gentleness and all generosity of being. Indeed, may we be like a lighthouse in dark and troubled waters. Amen

Flyer: See Attached

Ideas for benefiting organization: Any organization that helps liberate refugees from war, natural disasters and poverty. A couple examples include:

Women’s Refugee Commission <http://womenpeacesecurity.org/members/wrc/>

Refugees International <http://www.refugeesinternational.org/>

Week of Compassion <http://www.weekofcompassion.org/>

Ideas for ambiance: From a party store or other vendor, purchase some blue glow-sticks. Before the walk, place a couple already lit glow-sticks in the center of the labyrinth. At the beginning of the walk, offer a glow-stick to each person walking the labyrinth. Suggest they can either light the glow stick at the beginning of the walk, or wait until they have entered the center, and invite them to leave the glow stick in the center. Watch the deep blue glow of new light accumulate in the labyrinth center as more and more walkers leave their sticks there.

Music: “Vesica Piscis” album from Hang Playing Hedge Monkeys

“Timelessly Free” album from Danny Cudd and Markus Johansson

Veriditas Global Healing 2012
Labyrinth Prayer Walk for
Balance

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Open to the Public

<Date>

Walk anytime between <Time>.

Donations received for <Benefiting Organization>:

<Address>

<Address>

<Address>

<Phone>

<Sponsoring Organization/Host>

<Website>

