

Global Healing Response Quarterly

2014 Theme: Unity

*So powerful is the light of unity that
it can illuminate the whole earth. —Baha'u'llah*

July-August-September

Focus: Compassion/Understanding



Quote: “Understanding is the first step to acceptance, and only with acceptance can there be recovery.”
— J.K. Rowling, *Harry Potter and the Goblet of Fire*

“Any fool can know. The point is to understand.” — Albert Einstein

Color: Green for the heart chakra—because understanding and compassion come from the heart.

Prayer:

Holy ones, we ask your guidance in coming to the heart of compassion.
Help us to be with the suffering of each being.
Help us to imagine the pain of poverty, oppression, illness, hatred and fear.
Help us to understand courage in the face of despair, nobility in the face of adversity
And give love to all who suffer. —Judith Tripp

Ideas for benefiting organization: Local organizations that provide aid to the homeless, food pantries, domestic violence shelters.

Ideas for ambiance: I love this idea from Judith Tripp: “I have been thinking about Kuan Yin when it comes to compassion lately, reading a wonderful book by Stephen Levine, *Becoming Kuan Yin*. I would recommend images of her for ambiance.”

Music: "Edges of the Soul" by Dr. Harold Grandstaff Moses. Get it thru www.musicfortheheart.com. The opening & closing selections called The Circle.