# Standing with Standing Rock Global Healing Response Labyrinth Walk



## January 15, 2017

**Quotes:** "The rivers are our brothers. They quench our thirst. They carry our canoes and feed our people. So, you must give the rivers kindness you would give any brother." Chief Seattle's Letter 1852.

"You visit the earth and water it, you greatly enrich it; the river of God is full of water; you provide the people with grain, and so you have prepared it." Psalm 65:9

### **Prayer/Meditation:**

Grandfather Great Spirit All over the world the faces of living ones are alike. With tenderness, they have come up out of the ground Look upon your children that they may face the winds And walk the good road to the Day of Quiet. Grandfather Great Spirit Fill us with the Light. Give us the strength to understand, and the eyes to see. Teach us to walk the soft Earth as relatives to all that live. — Sioux Prayer

### Idea for a group ceremony:

- > Welcome participants to bring drums, rattles, Native American flutes.
- > The facilitator chooses a large bowl or container for water.
- > A ladle for pouring water in individual cups.
- Small paper cups (recycled if possible) should be available for participants.
- > Native American music or even Hallelujah can be provided in background.
- > Participant carries empty cup into the center with silent reflection on the necessity of water.
- ▶ Fill the cup with water, with gratitude.
- > Carry out with silent reflections and prayers for the people standing their ground at standing rock.
- > Take place around outside of labyrinth.
- Last walker takes his/her place in circle.
- Facilitator offers a final prayer and all drink the water together in solidarity.
- > The water, container, and ladle should be blessed in some way.

#### Idea for an individual ceremony

- You may want to carry your own cup of water on this walk or warm up the labyrinth prior to your walk with a blessing of water that you sprinkle around it.
- Enter: May the Holy One of Blessings come and walk with me as I walk for those at Standing Rock.
- Remember: Reflect on our oneness. We are all one. Remember that our bodies are at least 65% water. We all need water to survive. Our water sources are sacred and all of us are dependent on them. Let you mind flow to images of water that are important to you.
- Release: Release the people at Standing Rock to freedom. May they be free of fear. May they be free of suffering. May their land be freely released to them and may their water flow freely for them. Release your own fear, anger, and angst over the injustices committed to others, in order that your energy is free to send peace, victory, and joy to Standing Rock.
- Receive: At the center, receive guidance and blessings for what you need to do to continue to Stand with Standing Rock. Receive healing for those injured in the past, present and future.
- Return: As you walk out from the center, imagine that each step you take is bringing healing to the earth, healing to the waters of the world, and healing to everyone that has been hurt and wounded in the battle at Standing Rock.