Global Healing Response Quarterly

2019 Theme: Intention

Our intention creates our reality —Wayne Dyer

July-August-September

Focus: Connection



Quote: The web of our life is of a mingled yarn, good and ill together. —William Shakespeare

"Never underestimate the power of a small group of committed people to change the world. In fact, it is the only thing that ever has." —Margaret Mead

Picture/Symbol: Spider web. (Photo by The Rev. Warren Lynn)

Prayer/Meditation:

Looking into the eyes of another, may I be open to, and affirm, their true self. As others look to me, may I have the courage to ask for what I need. As our mutual friendship develops, may we trust, forgive and help heal each other so the energy of our circle ripples into the world.

Ideas for benefiting organization: Here are seven organizations that are helping immigrant families: https://mashable.com/article/child-separation-immigration-charities-donate/

Ideas for ambiance: Everyone carries a stone with a word that is important to them written on it. As a person passes another, they trade stones. At the end you can process about what stones they received, what it meant to them and what they ended up with. Hopefully a feeling of connection in the circle will develop and each person will feel supported and heard.

Music: Relaxing piano music: https://www.youtube.com/watch?v=mXjU_Tu4TbI