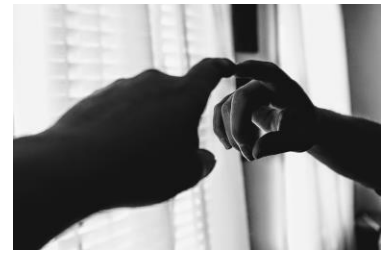


Global Healing Response Quarterly

2020 Theme: **Vision**



"Feet sandaled with dreams tread paths of vision leading to wisdom's sharp peaks."
— Aberjhani (*The River of Winged Dreams*)

April-May-June

Focus: Reflection

Quote: Your thoughts shape your vision. You see what you choose to see. —Author unknown

Picture/Symbol: The circle

Prayer/Meditation:

The Circle Prayer

We come together in unity to send love and light to the virus, the people affected, and their loved ones.

We ask for understanding, acceptance, and appreciation at a global level as well as healing. May the power created within this circle lift the spirits of those that need it and protect us and our loved ones.

We ask for strength from our higher power and the universe for we know that we will come out of this stronger as a human race. —Jessica Conte

Ideas for benefiting organization: Organizations in your area that are serving the needs of Covid19 such as food pantries, PPE providers, family crisis centers.

Ideas for ambiance: Since these walks will probably be alone, holding a candle, photograph or the prayer above. If you are using a finger labyrinth light a candle before you start.

Music: : Prayer for Compassion by David Darling (<https://www.amazon.com/Prayer-Compassion-David-Darling/dp/B001P4PUVY>)