

# Global Healing Response Quarterly

2020 Theme: **Vision**



"Feet sandaled with dreams tread paths of vision leading to wisdom's sharp peaks."  
—Aberjhani (The River of Winged Dreams)

## July-August-September

### Focus: Dream

Quote: Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow. Melody Beattie

**Picture/Symbol:** The moon. It is constantly changing but always there when we are dreaming.

#### Prayer/Meditation:

##### *The Circle Prayer*

In this ever-changing world, we come together in unity to send love and light to the virus, the people affected, and their loved ones.

May our Unity grow as we learn, celebrate, and hold each world culture sacred.

We ask for understanding, acceptance, and appreciation at a global level as well as healing.

May the power created within this circle lift the spirits of those that need it and protect us and our loved ones.

We ask for strength from our higher power and the universe for we know that we will come out of this stronger as a human race. —Jessica Conte

**Ideas for benefiting organization:** Here is a list of ten effective racial justice organizations:  
<https://www.benjerry.com/whats-new/2019/02/racial-justice-organizations>

**Ideas for ambiance:** As you walk a labyrinth hold something from nature—a stone, a plant, water. Connect with the healing of the earth.

**Music:** "Reiki Offering" by Madama and Shastro (<https://www.amazon.com/Reiki-Offering-Shastro/dp/B00005AQN>)