

Global Healing Quarterly Intention

2023 Theme: **Journey**

Journey: An act of traveling from one place to another.
--Oxford Languages



dgim-studio / Freepik

January-February-March

Focus: **Plan**

Quote: No one can decide the road that inspires us to kick-start a journey better than the one embarking on the path. We may find others joining our journey, but we have to take the first step alone to reach our destination. – Dr Prem Jagyasi

Picture/symbol: A map for you to plan your journey.

Prayer/Meditation:

A Journey

Nikki Giovanni - 1943-

It's a journey . . . that I propose . . . I am not the guide . . . nor technical assistant . . . I will be your fellow passenger . . .

Though the rail has been ridden . . . winter clouds cover . . . autumn's exuberant quilt . . . we must provide our own guide-posts . . .

I have heard . . . from previous visitors . . . the road washes out sometimes . . . and passengers are compelled . . . to continue groping . . . or turn back . . . I am not afraid . . .

I am not afraid . . . of rough spots . . . or lonely times . . . I don't fear . . . the success of this endeavor . . . I am Ra . . . in a space . . . not to be discovered . . . but invented . . .

I promise you nothing . . . I accept your promise . . . of the same we are simply riding . . . a wave . . . that may carry . . . or crash . . .

It's a journey . . . and I want . . . to go . . .

Ideas for benefiting organization: Plan International: <https://plan-international.org/>

Ideas for ambiance around the labyrinth: Perhaps you could provide your walkers with a blank map. Ask them to plan their journey.

Music: Pilgrimage:

https://www.youtube.com/watch?v=Ks1OcoEg1sY&list=RDKs1OcoEg1sY&start_radio=1&rv=Ks1OcoEg1sY&t=67